

Modules:-

Module 1: The Importance

Module 2: Creating Vision

Module 3: Making Things Happen

Module 4: Assertive but not Aggressive

Module 5: Leading a Team

Module 6: Creative Problem Solving

Module 7: Listening

Module 8: Managing Job and Workplace Stress

Module 9: Balancing Your Life

Module 10: Be Organised

Module 11: Workplace Intelligence to Manage Stress

Module 12: Self-Development

ACHIEVING LEADERSHIP EXCELLENCE & STRESS HANDLING

COMFORI SDN BHD

Objectives

- Sharpening competencies of executives and supervisors
- Ability to achieve company's objectives with confidence
- Leading and working with a team effectively
- Managing work stress

This training helps executives and supervisors to stay strong and competitive in the ever challenging work environments.

This course focuses on leadership and stress management for improving the efficiency and effectiveness of these valuable employees.